



Paycheck News

June 13, 2003

Deadline is the Friday before pay day; Contacts for articles are: Child Dev. -Farzana Siddiqui F&CR – Anne Schlereth
All others – Winnie Althizer, Brooke Zimet. Editor: Winnie Althizer. Layout: Natalie Horne.

DIRECTOR'S CORNER



Jerralynn Ness
Executive Director

I recently received a copy of an email from

Derrick Span, President of the national Community Action Partnership that I wanted to share with you. It was written in response to questions he received from a CAP Director questioning the wisdom of having a goal to eliminate poverty, and is as follows in abbreviated form:

"I am of the opinion, as are many scholars, clergy, and political leaders, that ending poverty America is no illusion, but a very real possibility. For many years minds more brilliant than my own have concluded that the problem is not one of resources but will. For this reason, we must call for an end to poverty "in this decade".

I want to suggest that when we call for an end to poverty that we are not "jumping on the proverbial bandwagon". Instead, we are constructing the bandwagon in a real sense. No other organization is calling for an end to American poverty "in this decade" except the Community Action Partnership. Thus, we have distinguished ourselves as the preeminent poverty fighting network in the country. I am proud to make that claim and be a member.

To proclaim that we end poverty in this decade is to say emphatically that we do not accept poverty for any American in the greatest and most powerful nation in the world. I labor under no hypnotism. I am acutely aware that human society will always be besieged with issues to be addressed. I just happen to believe, like many, that poverty need not be one of them in the world's richest and most powerful nation.

Our brand promise is no under statement of our purpose. It is a bold and noble claim of empowerment. Our nation's Declaration of Independence and Constitution is no small under statement of freedom, but instead a majestic call

for democracy and human dignity. I do not share the philosophy of under promising. We must ever remember that it is not a tragedy not to reach the stars, but it is a tragedy to have no stars to reach. It is not a disaster not to accomplish your dreams, but it is a disaster to have no dreams to accomplish. Low aim, not failure, is sin, said Howard Thurman. We must never under promise, which is to aim low. Our goal is grand. Our hopes are high. Our work is challenging. Our resolve is set. Our promise is lofty."

NEWS OF NOTE

June 22-28: Workplace Safety Week

Take the initiative on preventing injuries in our workplace.

Have you experienced a minor injury on the job and just shaken it off? We can prevent injuries by reporting all incidents and accidents! Do you know where the Safety incident log is located? If you experience and on the job injury remember to notify your supervisor and HR immediately!

COMINGS & GOINGS

Sadly, we said goodbye to Jessica Goodrich, Rebecca Jacobs, David Metzger, Julia Perez, and Rebekah Armitage.

UPCOMING EVENTS!

Flag Day	6/14
Building Meeting	6/17
Head Start Policy	6/17
Board Meeting	6/19
First day of Summer	6/21

CA STAR



Byline Jackie Magill

Augusta Lang is only one of our two employees that remain from the merger of Community Action and West Tuality. She began with West Tuality in 1996, then came under Community Action's wing one year later.

Augusta began as the Autism Specialist. After that she began at Harvey Clark. She worked at the very first Camp ECO. She remembers the camp fondly as the "Environmental Caretakers of Oregon." She has worked at various locations throughout western Washington Co., Harvey Clarke Elementary, Cornelius Elementary, and for the past 4 years she has worked at Echo Shaw. Augusta has made a family there and all 45 of the children there have filled a large piece of her heart.

Augusta likes stamping in her free time, she also enjoys nature walking and enjoying the surround-ings. Her other love is children. She says she particularly adores the endless energy they have. Her love for children is reflected in her two beautiful daughters Suzan (age 11) and Kayla (9).

Community Action is fortunate to have Augusta on our team. Her positive attitude and friendly smile make her a pleasure to work with!



FAMILY & COMMUNITY RESOURCES

I&R - I&R News:

Community Action I&R will be hosting another special breakfast meeting on June 26th to discuss "Life After Measure 28 – Take Two". This will be a roundtable discussion about how Oregon's economic woes are affecting the services we are able to provide. We will be networking to find out if it has been necessary for any of our fellow service providers to close or reduce services in any of their programs. We will also talk about where we can send our clients for the help they need now. This is a time when it is critical for social service agencies to pool resources and knowledge. **Don't forget these breakfast meetings can pack our parking lot. If you are coming into the Hillsboro office, please try to carpool or use public transportation on Thursday, June 26th.** Thanks.

Ready to Rent:

Ready to Rent is back! The new training starts June 18th at Community Action's main site, every Wednesday, 6:00 - 8:00pm led by housing guru, Pat Rogers. If you know a person who has barriers to finding housing, and would like to learn about successful renting, call 640-3263. Thanks.

Congratulations Beth!

Beth Dasher had her baby on May 24th! It's a girl – Alexis JuliAnne. She weighed 7lbs, 10 oz. & was 21" long. Beth, Alexis, and Eric are doing fine!!

CHILD DEVELOPMENT

If you have not ordered your Camp ECO T- shirt yet you still have time to place your order! The T-shirt is designed by a student at A Kid's Domain Cornelius and can be purchased for \$10.00. If you would like to buy a T-shirt, please contact Jennifer Gunterman at 503-693-3267 before June 9th. Thank you for supporting A Kid's Domain!

Part-Day, Pre-K Head Start program ended on Tuesday, June 3. We wish all parents, staff and children a safe and relaxing summer!

Summer Plus – summer preschool program for 40 Head Start children begins on Tuesday, June 10 at Beaver Acres and Downtown Tigard sites.

Camp ECO – summer program for school age children will begin on Monday, June 9th at Cornelius Elementary School.

MORALE & WELLNESS

Topics – Givers Live Longer

Lending a helping hand to others may help you live a longer life. In a study of older people, those who were in the habit of providing support to other people were 60% less likely to die during the course of the five-year study, compared to unhelpful people. Assisting with housework, childcare, errands, or transportation all counted as helpful acts.

Recipes

Sharbat-e Sekanjebin

A refreshing, traditional Persian beverage

- 2 cups water
- 6 cups sugar
- 1 1/2 cups wine vinegar
- 3 sprigs fresh mint

Bring water and sugar to a boil in saucepan over high heat. Reduce heat to medium, stirring once. Cook for 10 minutes, or until sugar has dissolved. Add vinegar and mint, and return to a boil over high heat. Reduce heat to medium, and cook for 25 minutes, or until syrup forms. Remove from heat and allow to cool. Discard mint sprigs.

Pour syrup into clean bottle, cork tightly and use as needed. Serve over ice. Garnish with cherries or cucumber.

Submitted by Phyllis Johnpoll

Tips

Give Me a Break

Don't wait until you get home in the evening to unwind. Adding a few stress-reducing moments to your workday is a good health habit.

Recent research shows that high job strain may have a negative impact on your health. In a recent study, high job strain was associated with an increase in cholesterol levels, a marker of heart disease risk. Keep your cool at work taking short breaks. Use the time to stretch, breathe deeply, or sip a cup soothing tea..



WHAT'S DEVELOPING?

What's new?

Development has been busy preparing for the end of the fiscal year by calling donors and securing last minute pledges, writing the summer newsletter, and completing the final edits on our agency brochure in Spanish, which will be available soon.

Did you know?

Summer is a great time to ask development to help you design your program brochure and other marketing materials for the fall.

Community Action raffle tickets on sale now!

Tickets for Community Action's eighth annual wine raffle are now on sale for a chance to win three cases of fine Washington County wines. Tickets are \$2 each and can be purchased at the front desk. One hundred percent of the proceeds support our programs and services.

Remember to sell raffle tickets to your friends and family for the chance to win a basket of wine! Call Jodi at ext. 254 for more information.



CHECKS & BALANCES

Fiscal -

The end of the fiscal year is approaching and there are still outstanding Purchase Orders (PO's). Please go through your outstanding PO's that you still have. If you didn't use your PO, I need the original, if you still have it, and a note stating that you did not use it. I also need all receipts turned in by June 30th in order to close out this fiscal year.

Also, remember all receipts for reimbursement requests need to be in as well. **THE END OF FISCAL YEAR IS JUNE 30th!** Don't put crossing fiscal year receipts, etc. on the same Reimbursement Request sheets. (Anything starting July 1st should go on a new request, including travel/mileage.) You have until July 25th to turn in your receipts. Anything over 90 days old will not be reimbursed. Help us to help you. Any questions, call Ann @ 693-3243.



LOOKIN' FER WORK IN ALL THE RIGHT PLACES

See this info * at:
Common CAO MainCAOInfo/HR ResourcesCurrent Job Descriptions.

Administration

Child Development

Teacher III Subs-EHS (5 positions)	\$10.55 - 13.45
Teacher III -EHS Beaverton CDC	\$10.55 - 13.45
Education Specialist	\$11.61 - 14.09
Teacher II Subs(3 positions)	\$8.76 - 10.67
Teacher II-EHS Mobile Infant	\$ 8.76 - 10.67

Development Advancement

Communications & Events Specialist	\$12.11 - 14.71
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*NOTE: Please check this address weekly for current information and details. We have many jobs in development that will be posted before the next publication and we will take applications as each job is posted.

USTOUS - SALES, SERVICES, NEEDS

SALEM WORLD BEAT FESTIVAL

Oregon's Premier Celebration of Cultural Diversity . If you are anywhere near Salem on Sat. June 28 or Sun. June 29th, stop by Riverfront Park for an amazing festival featuring music, art, dance, and food and crafts from all over the world. There's lots of stuff for kids to see and do including making musical instruments, learning games and making crafts. Check out their web site: www.worldbeatfestival.org for a lineup of performances and description of the event.

- Submitted by Judy Schilling

HR - Ask Winnie

Benefits, Diversity...

Where is Winnie?

Winnie is out of the office due to falling down the back stairs in our main office. She is doing well and will be in the office from time to time shortly. **Get Well Soon Winnie!!**



SAFETY

June is National Safety Month

June 15-21: Preparedness Week

More than 52,000 people died from injuries in their home or community in 2001. Be Prepared—learn first aid and CPR. Make and emergency plan for your home.

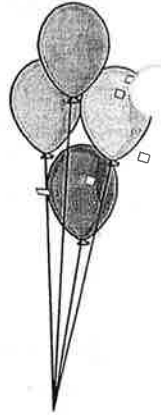
The following checklist may help you in developing an emergency plan for your family to follow in any disaster.

- Do you have an emergency home plan? Does it cover all emergencies like fire, weather, etc.?
- Does your plan include smoke, gas and carbon monoxide detectors?
- Do you have a weather radio and do all your family members know what the signals mean?
- Can each family member tell you two ways out of your home. If a second way out of a two-story home is a window, do you need a safety ladder?
- Can all members of your family operate the locks windows and doors for escape?
- Does your family understand to seek shelter when an alarm sounds?
- Does each family member know where to go after evacuating your home?
- Does each family member know who to call for help and are the telephone numbers posted?
- In a weather-related emergency does your family know where to seek shelter?
- Are the batteries routinely replaced in your smoke detectors and flashlights?
- Do you have a first-aid kit? Is it stocked?
- Do you have a fire extinguisher? Is it serviced?
- Do members of your family know how to shut of water, gas, and electricity in your home?
- Does your plan cover who to call for a utility problem?
- Do you have a written inventory of your valuable items? Do you have more than one copy outside of your home?

Visit www.prepareforlife.org for disaster preparation information in English and Spanish!

June BIRTHDAYS

6/01	Blanca Navarro-Silva
6/03	Anne Schlereth
6/04	Bob Watson
6/06	Josie Kuhn
6/06	Sunni Kitchen
6/11	Frances Hildermann
6/14	Joani Hagen
6/15	Gloria Toussaint
6/16	Emma Hanley
6/17	Manuela Pacheco
6/19	Judy Schilling
6/19	Marilyn Whitman
6/20	Debra Griffin
6/22	Lucy Iraola
6/23	Phyllis Johnpoll
6/25	Robyn Wagner
6/26	Tawnia Gilbert
6/30	Sylvia Castellano
6/30	Sonia Diaz



(If you want your birthday acknowledged, be sure to complete an authorization form – contact HR)

June ANNIVERSARIES

Guadalupe Garnica	9 Yrs	6/01
Katherine Galian	1 Yr.	6/03
Mary Whitmore	1 Yr.	6/03
Larry Hauth	2 Yrs	6/11
Bruce Horne	10 Yrs	6/14
Marilyn Harrison	20 Yrs	6/16

FLAG DAY FAQ_s

On June 14, 1777 the Continental Congress, adopted the national flag. "Resolved: that the flag of the United States be thirteen stripes, alternate red and white; that the union be thirteen stars, white in a blue field, representing a new constellation."

August 3, 1949 -- Truman signs bill requesting the President call for Flag Day (June 14) observance each year by proclamation.

1960 – the American flag had its 50th star (Hawaii)

1963 The American flag was placed on top of Mount Everest by Barry Bishop.

1969 July 20 -- The American flag is placed on the moon by Neil Armstrong.