

Paycheck News

April 18, 2003



Deadline is the Friday before pay day; Contacts for articles are: Child Dev. -Farzana Siddiqui, F&CR – Beth Dasher, All others – Winnie Althizer. Editor: Winnie Althizer. Layout: Natalie Horne. Production: Christina Taft.

DIRECTOR'S CORNER



Jerralynn Ness
Executive Director

In an earlier edition, I mentioned that Derrick Len Span, our National Community Action Partnership President, is traveling to Oregon to keynote our May 1st "Celebration of Community Spirit" dinner. That morning, we will go to Salem to participate at the Capitol in Community Action Education Day. Oregon Community Action agencies will each have an information table. The Governor's staff will join us to proclaim May "Community Action" month & several state leaders are scheduled to make a few remarks, along with Derrick. All of our state legislators have been invited to join us & this will be a wonderful opportunity to increase our policy makers' understanding of who we are, the work we do & issues of poverty in Oregon. And poverty is on the rise, locally and nationally. Following his visit to Oregon, Derrick is going to take this message across the country during a tour to focus national attention on the unique role of Community Action Agencies in battling the rise of poverty. During his tour, he plans to stay with families living in poverty to learn first hand from their experiences. It is great to see the Community Action Partnership becoming a visible, national voice on poverty issues.....this will strengthen all of our efforts.

NEWS OF NOTE

Easter is Sunday, April 20th!

Fun Easter Facts:

Americans ate 7.1 billion pounds of Easter Candy last year, spending \$1.9 billion.

WELLNESS DAY – we've only received 160 responses out of 200+ staff. You must return your selections to the committee in order to be registered for the classes you want – they are filling fast! Remember if you are not at Wellness Day you do not receive pay for the day.

COMINGS & GOINGS

Welcome! **Nicklas Nissen** the new Facilities Maintenance Specialist.

A Big Hello to our new Teacher II at Bridgeport, **Mary Jo Panaggio**.

Sadly, we said goodbye to **Georgiana Landa**, Family Advocate at Coffee Creek.

UPCOMING EVENTS!



Mother's Day	4/10
Easter	4/20
Wellness Day	4/25
Safety Meeting	5/05
Board Meeting	5/15
Building Meeting	5/20
Head Start Policy	5/20

CA STAR



Byline Elaine Burrell

This week's CAO Star is Maida Jane Milam, better known around CAO as M.J. and she is leaving us to start a new life in New Mexico. It is a sad day for us, but we are celebrating her joy in this opportunity. How did M.J. come to work at CAO?

5 years ago as a temporary employee I walked into the CAO building. I felt lost and alone but soon I found a group of amazingly compassionate people. The assignment was short term, but in that time I witnessed some of the most extraordinary examples of caring I have ever seen. I left feeling renewed, not only in myself, but also in life. A year later there was another temporary position. Was I available, would I be interested? "Yes!" I worked with the Lead Office Specialist for 11 months. Four months later I was back permanently in the position of Program Assistant for Head Start. Once again at CAO, I was no longer lost. I was coming to a place where I was needed and wanted. During the past year and a half I have been given great strength from the incredible people in this organization. As I leave, I want you all to know that in my heart you will always remain and as Tiny Tim said in Scrooge "God Bless you everyone."
M.J. - "Thank you" for your generosity and positive attitude!!!



FAMILY & COMMUNITY RESOURCES

Bring your Child to Work Day! Our own Donald Shaw from the Weatherization program will be doing a lunch-time Energy Conservation presentation for any youth who come to work with parents on that day. There will be a fun presentation, handouts and PIZZA! The presentation will be in Conference Room 2. If you will be bringing your child to this, please call Serena at ext. 248 to let her know.

With May flowers comes ...the next Ready To Rent housing readiness training! It will be May 7 to June 11 - every Wednesday evening from 6:00-8:00 pm. If you know anyone with barriers to finding housing (criminal, evictions, poor credit), have them call us at the shelter (503-640-3263) to sign up. Ready To Rent is a valuable tool for educating people about how to be successful renters. A Ready To Rent diploma may help people get a second chance.



CHILD DEVELOPMENT

Head Start – At this time we are looking at Outcomes for our Head Start Children.

What is an outcome and why do we need them?

Teachers conduct ongoing assessments with the children in Head Start and then plan curriculum activities accordingly. Ongoing assessment involves observing, recording and documenting work young children do and how they do it, as well as getting input from the parents on what they see. The information that is gathered can then be used to make educational decisions to support children's continued growth. *Outcomes* results is a way to show the connection between the assessment, planning and a child's development.

By documenting children's progress using specific *outcomes* as planning goals, the Head Start program is able to show the children's growth, which is one of the most important indicators of program quality. In Head Start outcomes data on children are gathered three times a year to guide the planning process.

Carolyn Westlake – Education Coordinator – Head Start

April 20 is Easter Sunday!

Eggs are a symbol of the new life that returns to nature at Easter Time. The custom of exchanging eggs began long before Easter was celebrated. It was a custom of the Egyptians and the Persians. They exchanged eggs decorated in Spring colors.



MORALE & WELLNESS

Tips

For parents worried that their children might eat too much Easter candy, some experts suggest adding non-edible items to Easter baskets: crayons, movie passes, jump rope, baseball cards, kids' videos, stencils, markers, paperback books, chalk, Playdoh, stuffed animals or balls.

Recipes

Tuna EZ Cheesy

- 1 pkg wide egg noodles
- 1/2 pkg reg. size Velveeta, cubed
- 1 cup milk
- 2 cans tuna
- 1 can peas

Boil noodles until done, drain, return to pot, keep heat on simmer. Add milk and cubed Velveeta to noodles, stir until melted. Add tuna and peas, stir until heated.

Submitted by Christina Taft

WHAT'S DEVELOPING?

Gearing up for dinner...

Resource Development has been gearing up for the Community of Spirit Dinner held May 1st at the Greenwood Inn in Beaverton. This annual fundraiser celebrates corporate philanthropy and raises nearly \$40,000 for Community Action programs. Derrick Span, president of the national Community Action Partnership will be the keynote speaker. The dinner will kick off the 8th annual Community Action wine raffle highlighting the wines of Washington County. Raffle tickets are \$2 per ticket.

Trend setters...

The Weatherization department was the first program of Community Action to update their brochure, flyer, and handout with the new Community Action look and logo. The development department was able to assist them with the language, editing process, and design of their publications, and they turned out great. Way to go Weatherization!

Publication update...

The Board of Directors has approved new letterhead, business cards, and stationary for the entire agency. These items will be available soon to all programs. Please do not create your own letterhead, logo, or brochures.

LOOKIN' FER WORK IN ALL THE RIGHT PLACES

See this info * at:
Common CAO MainCAOInfo/HR ResourcesCurrent Job Descriptions.

Administration

Child Development

Teacher I Subs (2 positions)-Beaverton	\$ 8.00 – 9.20
Teacher I -Tualatin	\$ 8.00 – 9.20
Teacher II-Summer Plus	\$ 8.79– 10.67
Teacher III-Summer Plus	\$10.55 – 14.09
Teacher III-Coffee Creek	\$ 8.79– 10.67

Development Advancement

Family & Community Resources

*NOTE: Please check this address weekly for current information and details. We have many jobs in development that will be posted before the next publication and we will take applications as each job is posted.



CHECKS & BALANCES

Fiscal - Facilities -

Tip IT - New Timesavers

Voice mail, e-mail, the Internet – so many “time-saving” devices, yet so little time. Here’s how to keep timesavers from becoming “time stealers”

Safer surfing.

The Center for Online Addiction estimates that 5-10 % of all on-line users may be potentially addicted to the Internet. *To curb surfing:* Set a realistic limit for online time ...keep your computer in the kitchen or living room to monitor kid’s surfing...or take a week off...and note how much you’re able to do with the time you’ve saved.



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Blue 1993 Mercury Villager Van
Good condition- all power
\$3,200 or best offer

Beautiful Oak Coffee Table & 2 matching End Tables
with glass tops
\$50.00

Call Olga Hopkins at 503-625-06606 (evenings)

“Laughter is internal jogging.” – Norman Cousins

If all the Easter jellybeans were lined end to end, they would circle the globe nearly three times! Wow!!

HR - Ask Winnie Benefits, Diversity...



Wellness Day is April 25th

Here are some details about the day...

Don't forget! Please bring your confirmed registration sheet for Break-Out Sessions with you.

Would you like an additional opportunity to win some GREAT DOOR PRIZES? Sign up for a clean-up or set-up crew to be entered into special prize drawings! Just email bzimet@caowash.org to join.

Please remember to bring a dish to share for the Potluck. And remember, the facility does not have ability to heat food!

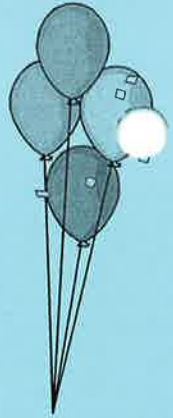
Main Office	Hors d'oeuvres, dips, chips
Head Start	Salads- all kinds (pasta, veggie, fruit, noodle, potato, chicken, egg, etc)
EHS, AKD, Bus Drivers	Sandwiches
CAE, OD, Shelter	Desserts

AND PLEASE BRING YOUR OWN UNTENSILS FOR YOUR DISH!

SAFETY

Just wanted to share with you our quarterly report from SAIF Corp. (our Worker's Compensation Insurer). For the policy year (April to April) we've incurred 18 reportable accidents. The average for our industry is 15. This means that over the next 12 months we need to improve our record by being vigilant and identifying a potential hazard before it becomes an accident. Each person can ask for help lifting something, thing twice about standing on a chair with rollers, look at how many plugs are linked together or whether they are a trip hazard, keep access & exits open & free of boxes or other objects. Keep Safe

APRIL BIRTHDAYS



4/22	Kristen Long
4/23	Ingrid Alquinta
4/23	Thomas McKeating
4/25	Veronica Rivera
4/25	Winnie Althizer
4/30	Serena Villafaña
4/30	Karen Henkemeyer
4/30	Chris Kuran

(If you want your birthday acknowledged, be sure to complete an authorization form – contact HR)

APRIL ANNIVERSARIES

Vicki Ware	12 yrs	4-01
Judith Del Porto	2 yrs	4-02
Lu Lamping	25 yrs	4-10
Maria Rodriguez-Perez	3 yrs	4-19
Christina Taft	2 yrs	4-27

