BEAVERTON ORAL HISTORY PROJECT

Interview with

FRIEDA ZIMBRICK AMELL

in Mrs. Amell's home in
Woodburn, Oregon

INTERVIEWER: SHI

SHIRLEY TANZER

SUMMARY OF TOPICS DISCUSSED

INTERVIEW WITH: FRIEDA ZIMBRICK AMELL

BEAVERTON ORAL HISTORY PROJECT

- Moving. to Kingsley, Sodaville, East Portland, Beaverton 1.
- Living on Canyon and Walker Roads/Wilson Park 2.
- 3. Congregational Church
- 4. Early Canyon Road
- Parades in Portland
- 5. 6. Family traditions; activities, holidays.
- School in Beaverton 7.
- 8. Memories of Merle Davies
- 9. Homes in Beaverton; getting married
- 10. Four daughters
- 11. Beaverton then and now

INTERVIEW WITH FRIEDA ZIMBRICK AMELL

for

BEAVERTON ORAL HISTORY PROJECT

Place: At her home in Woodburn, Oregon

Interviewer: Shirley Tanzer

SHIRLEY TANZER: Where were you born?

FRIEDA ZIMBRICK AMELL: I was born in Park Rapids, Minnesota. When I was nine months old, my folks came to Oregon via the tourist train where you sat in the seat all day long and traveled tourist. They landed in Kingsley, Oregon, where my mother's father lived and ran a hotel that took care of the stages that ran through Oregon. My grandfather ran a hotel in Kingsley, near Dufur.

Everyone had typhoid fever there except I and my mother. The rest of the family, John, Ellen, Laura, Will and Nat, had typhoid fever, and a colored man helped my mother take care of them, there in Kingsley. He knew my grandfather. From there, we went to Sodaville, down by Lebanon. There is a lot of poison oak and the whole family was susceptible to poison oak so my father decided not to live in Sodaville. So we came from Sodaville with a horse and wagon with my father having the furniture on the big hay rack wagon, and my mother filled the surrey with I and Nat riding in there and the horse bucked every morning.

We went to East Portland, near a brewery, 'cause I can remember my father coming home with a bucket of beer. From there we moved to Beaverton in 1911, to a house located where the Pontiac garage is now. There was a lovely house there owned by Cash Johnson; we moved in and my brother Archie was born there in March, 1911.

TANZER: How many children were there at that time?

FRIEDA: John, Ellen, Laura, Will, Nat and me. There was six of us, and Archie was the seventh. My father delivered the baby. And Mrs. Bilsteen came over and watched him. I think she was more or less a midwife. She was the lady that lived across the street from the Austins.

TANZER: Let me go back, Frieda, and ask you: How and why had your grand-father come to Oregon?

FRIEDA: I don't know why my grandfather came, but the reason my folks came out: one spring my grandfather sent my mother and dad a box with cherry blossoms in it, and back in Minnesota they were still snowed in four or five feet deep. Dad said, "If this is what they have in Oregon this time of year, I'm going to Oregon." That was 1904 and they came to Oregon.

TANZER: Where had your grandfather come from?

FRIEDA: Wisconsin.

TANZER: But you don't know when and why he came from Europe?

FRIEDA: I don't know why. I don't remember why he came to Oregon.

TANZER: Was he Polish?

FRIEDA: Definitely!

TANZER: What about your grandparents on your father's side?

FRIEDA: They were also from Wisconsin but they moved to Minnesota. That's where Mother and Dad met and were married. There's a lot of Zimbricks back there yet because there's a big family of Zimbricks.

TANZER: So you lived on Canyon and Walker Road. How much land did your father have.

FRIEDA: Yes. He rented the land from Cash Johnson, twenty acres. He farmed. All I know is I rode the horse until Alfreda came into the picture.

TANZER: Well, tell me about that.

FRIEDA: I was kind of Dad's favorite, they tell me. Dad came home one Noon and said, "I got a new girl friend; she sits on the fence and waves to me." So that was Alfreda taking my place with my father. Then we became friends. I must have been seven.

TANZER: So you have been friends all these years? Never had an argument. Tell me what life was like for you at that time.

FRIEDA: I think it was very simple. I don't think we wanted excessive things that the children want now. We were happy to make our own fun. Our parents made our toys. Mother made my stuffed dolls. I think we were satisfied with the simple things.

TANZER: Tell me about your father. What kind of man was he?

FRIEDA: My father had been a timber cruiser so he was very much for the outdoors, very much for the outdoors. This was what he did back in Minnesota; he was a timber cruiser. When we came out here, he was a small-time farmer. He worked out for people with his horses, he did plowing and whatever you did with horses.

TANZER: So not only did he work on his own property, but he worked for other people?

FRIEDA: Yes.

TANZER: And he obviously liked children?

FRIEDA: Well, he liked me. And he liked Alfreda.

TANZER: What did he raise?

FRIEDA: The farm I remember best was the one where we had the big apple

orchard. He would leave about 3:00 in the morning to take these apples to Portland for the early market.

TANZER: How long did you live in that Canyon Road & Walker Road area?

FRIEDA: We lived there two years and then moved to Wilson Park. Yes. And then Archie was born on the Wilson Park property.

TANZER: What was your mother like?

FRIEDA: Very much of a homemaker. Her home meant everything to her. She was not much for going out. She DID work at the Grange and she loved it because she loved the contact with the women. Outside of that, she was a homemaker. She was more Polish than German. My dad was German. My mother was Polish.

TANZER: There were a good number of Swiss-German farmers in the area.

FRIEDA: A number, yes. During World War I, they had the German Verine. They had quite an organization, and the Madskys belonged to it and the Desingers.

TANZER: Frieda, tell me about your parents' church affiliation.

FRIEDA: They were Lutherans. But there was no Lutheran Church in Beaverton so we went to the Congregational Church.

TANZER: What activities did you share with your brothers and sisters?

FRIEDA: I should tell them about the engine that Nat built out of an old syrup bucket that blew up and we all had to run and get out of the steam. We played more or less in the woods. The boys had bicycles. At one time I had a goat that my father taught to drive and I had a little wagon. Our activities were made by our parents because we lived on farms, so whatever you could do on the farms is what we did. In Sodaville, my dad built a merry-go-round for us on top of an old stump and we spent hours with the neighbor's kids on the merry-go-round. Our activities were from homemade playthings.

TANZER: Who were your closest neighbors on Canyon Road?

FRIEDA: The Austins. Their property and ours joined. The Bilsteens were across the road. We were not too acquainted with the Nelsons.

TANZER: What was Canyon Road like at that time?

FRIEDA: It was dirt. When we came up the Canyon Road, moving out from Sellwood, it was corduroy. My mother was pregnant. My father made her get out and walk because the road was so rough. He thought the jolting would not be good for her. Up the Canyon Road was a nice springs and they had a watering trough for horses just below where the Zoo is. There were two houses, and some of the Canyon Road was corduroy. You know what corduroy road is.

While we lived there, they had parades in Portland. My father would put straw in the back of the wagon, heat a brick and put a blanket over, and we would crawl in the back. He would drive down to Jefferson Street. We would park on the street and sit in the wagon and watch the electric parade and then we kids could sleep on the way home, in the back end of the wagon.

TANZER: How long did it take you to get in from Jefferson?

FRIEDA: I would say about two, two and a half hours, with the wagon.

TANZER: How did he take his produce to market?

FRIEDA: In the wagon, horse and wagon.

TANZER: Did you ever go with him?

FRIEDA: Not to sell produce. But we did go occasionally to shop if we needed a pair of shoes.

TANZER: What were your parents' community activities?

FRIEDA: I don't think they associated in the community. We lived about two miles from Beaverton and the only neighborhood activities they participated in was playing cards. Did you ever play King Flipper? That's the name of a card game, very popular with our family. It's where the King is high; the King counted 20 and that was the essential thing to bid on the King and get it home. King Flipper, they called it.

TANZER: And this was a favorite of your family? When did they play it?

FRIEDA: Whenever my father's brothers would come out. My father had a brother with no hands, and he was very popular with us children because we thought he was quite a miracle. He spent quite a bit of time with us and he could play cards. The cards were set up in a box and he would take it out with his hook and play. He always entertained us kids. Two of my father's brothers lived with us quite a little while.

TANZER: How had he lost his hands?

FRIEDA: They were blown off with a cannon at a celebration in Park Rapids, Minnesota, when he was 21.

TANZER: What family traditions did you observe?

FRIEDA: Christmas was a big day. And when we were in Beaverton, my sister married a young man in Sodaville where they lived, and at Christmas they came home to spend the holidays. My brother came from Sodaville -- he lived there, too. This was a family tradition.

TANZER: What was the celebration like?

FRIEDA: Always the tree, with candles, and popcorn on it.

TANZER: And what about the eating, and the gifting?

FRIEDA: Well, there was always a lot of food, but the gifts were usually handmade. I got a number of homemade dolls. One year Dad brought home a <u>lot</u> of oranges and that was a <u>real</u> treat at Christmastime, because we had our own apples, but to get a bag of oranges at Christmastime was a real treat.

TANZER: How did you spend your summers?

FRIEDA: Hoeing, weeding, picking apples.

TANZER: No summer vacations?

FRIEDA: No. No trips. No trips.

TANZER: Tell me where you went to school.

FRIEDA: When we lived in Sodaville, we lived a long ways from the school. I just turned six then and mother thought I should go to school, but it was a long ways and they had to ford a river, so they wouldn't let me go. So I really started to school in Beaverton. That was my first REAL school. I think it was the first year the new Beaverton school was opened. I didn't never go to the old school. I was up in the new one, and I made two grades the first year, two grades the second year, because I was older when I started.

TANZER: So you did manage to catch up with your class. Tell me what the school was like.

FRIEDA: I thought it was fun. I liked my teachers and got away from home, and it really was fun.

TANZER: When you say you got away from home, you mean during the day?

FRIEDA: Well, we had to walk about two miles, so it was quite a little hike to get to school. We walked except when it snowed and then Dad would hitch up the horses and take us in on a sled. It was four rooms with 1st and 2nd and 3rd and 4th on the ground floor, and the other four grades upstairs.

TANZER: Who was the principal?

FRIEDA: I don't remember the principal. Merle Davies taught the fifth and sixth. I'm getting ahead of myself. This was 7th and 8th when Earl Fisher taught and Merle Davies was the 5th and 6th, but who the principal was I don't remember.

I went through all 8 grades there. Iva Van Blaricom was my first grade teacher there. Dora Van Blaricom was my 3rd and 4th grade teacher.

TANZER: Do you remember anything about Merle Davies as a teacher?

FRIEDA: I didn't have her as a teacher but she was teaching in the lower grades when I was there. She was very generous with her time. She was a good disciplinarian and a good teacher. What do you think, Ruth. This is my sisterin-law, Ruth. What do you think of Merle?

RUTH: Well, I think she was a tremendous teacher. I remember her specifically because I never cared for the subject of civics. It just bored me. But she became my teacher of that subject when I was about in the 7th grade, and that subject absolutely came alive and I was fascinated with it because of the way she could teach. I always knew her to be a very fair disciplinarian. Like everyone else said, she demanded obedience from the children. It was very good

because you could learn. And I know she loved all the children. She really loved us and was interested in how we would respond to her teaching.

TANZER: We really should have more information about her. How much schooling did you have, Frieda?

FRIEDA: I graduated from Beaverton High School in 1922; started in Beaverton and graduated from Beaverton. My two brothers graduated from Beaverton. Our four daughters graduated from Beaverton, so we have all gone through Beaverton High School.

TANZER: Where did you live when your family moved from Canyon Road?

FRIEDA: Out near the Wilson's Park. From there we moved next door to the old Stitt house and lived there. It was right at the end of Allen Avenue and 141st or 142nd. The house is still there.

TANZER: Before it hits Hall?

FRIEDA: Before Allen was through, because there was nothing but a lane from this street over to Farmington Road. There was nothing but a lane and this was where we had to walk through the cow pasture to go to school.

BOB: There's Murray, and it's the first one east of Murray that goes through to Farmington Road -- 141st.

FRIEDA: Right at the end of that is where we lived. And then we moved to the house next to Stitt's. It was on Canyon Road where 217 goes through now.

TANZER: I wanted to ask what your father did, and when you moved to each of those various places, did he farm at each place?

FRIEDA: Right. Yes. One thing my father did (I can't remember the year), when they started the Catholic Church in Beaverton, he took his team and his scraper and he went down and he gave a day's work digging the basement of the Catholic Church in Beaverton.

TANZER: Did you have some affiliation with the Catholic Church?

FRIEDA: No. It was being built by the group, and so my father decided to donate a day's work with his horses.

TANZER: Are you talking about St. Cecelia's?

FRIEDA: Yes. We did not have a Lutheran Church, so Dad was ready and willing to help start a new church.

TANZER: Did your father belong to any civic organizations?

FRIEDA: No. No.

TANZER: Was he involved in any way aside from his family?

FRIEDA: Outside of being garbageman to Beaverton for a while, I don't think he was.

TANZER: How did he get the job as garbageman?

FRIEDA: He was raising pigs and people were throwing away garbage, so he went out and picked it up.

TANZER: Tell me about the log cabin.

FRIEDA: It had a big balcony out on the front porch; this was on Canyon Road, across from Nendel's. We were married there in 1925. I wore a white dress and the priest from Beaverton married us. He came up to the house. It was a home wedding. Fern Powell sang. Lena Steel (she was Lena Madsky then) was the bridesmaid. Bruce was the best man, and all of our family was there. Even Vern's relatives came from Vancouver. It was a big crowd.

TANZER: Where did you live after you were married?

FRIEDA: What did we do? Well, Vern was working and we moved into Portland. We lived out in the Woodlawn area for a couple of years. I guess we've always lived around the Portland area. Vern and I did move out on Sunset Road for a while during the Depression. To help pay the rent, I sewed clothes for the landlady. We got by very nicely. We had a cow. We had chickens. And we lived pretty close to Mother and Dad. We played cards for entertainment -- walked to Beaverton for excitement.

TANZER: Tell me where you met your husband.

FRIEDA: I was going with his boyfriend and he said, "I want you to meet Vern." So we drove down to the garage and here was Vern covered with grease. He'd been working on his car. Clarence introduced me to Vern and I guess that started it, didn't it?

TANZER: Who was the boyfriend?

FRIEDA: Clarence Dedrick. Vern had stayed with his folks.

TANZER: So you met your husband, and you were married in what year?

FRIEDA: 1925. We had a home wedding, at Mother and Dad's house. We were married by Father O'Neill from Beaverton Catholic Church. He came to the house to marry us and then he said to my mother, "This is so much fun. Do you care if I stay?" And Mother said, "No. Stay as long as you want to."

TANZER: Now what were the reasons you were married by a Catholic priest?

FRIEDA: Vern is Catholic. And I was not. I was not affiliated with a church at that time. I had been going to the Congregational Church in Beaverton, but I was not a member of any church.

TANZER: Did you affiliate with St. Cecelia's afterwards?

FRIEDA: I was baptized at St. Cecelia's Church the same day as our daughter was.

TANZER: How many children do you have?

FRIEDA: We have four girls. Our oldest daughter, Arlene, is adopted. She is 50. We were married eight years and no children, so then we adopted Arlene. When she was four years, we had a boy, but he didn't live. Then we had Annette, and two years later we had Nancy and five years later, we had Linda. All living, all married now.

TANZER: Where are they living?

FRIEDA: Arlene is in Beaverton. Annette is in Milwaukie. Nancy is in Tigard and Linda is in Gresham.

TANZER: So they're all in this area? How wonderful!

FRIEDA: Yes. It makes it nice for family get-togethers.

TANZER: After you were married, what did your husband do?

FRIEDA: He worked all the time at this wire rope. He was in charge of the warehouse. I did sewing in the house. I didn't work out. Vern has always been a good provider.

TANZER: You sewed for the first Mrs. Georges?

FRIEDA: Oh, I didn't know there was a second. Yes, it must have been the first, because I made clothes for their little girl.

TANZER: The first Mrs. Georges was Daisy.

FRIEDA: I don't remember. It's been a long time ago -- a lot of water under the bridge since then.

TANZER: But you continued to live in Beaverton?

FRIEDA: We lived in Portland for a while, then we moved to Beaverton and then we bought our home on 3rd and Tucker and lived there for 26 years. The children all went through the Catholic Grade School and the Beaverton High School. Two of them got married while we were in Beaverton, the other two while we were out here on the ranch.

TANZER: What was the ranch?

FRIEDA: Between Sherwood and Wilsonville. We had acreage out there -- just play acreage -- no farming.

TANZER: Oh. that's a picture of it. How beautiful!!

FRIEDA: We lived there sixteen years. Then we decided we didn't want that much land to take care of and we wanted to travel more. He's part gypsy. So we came in here, where he has a 50 x 100 lot and a small house.

TANZER: And you pick yourself up and you travel. How much time do you spend with your friends in Beaverton?

FRIEDA: Not very much. We see Bob Holland and Harry and Rachel Wright.

TANZER: What do you think of the changes in Beaverton?

FRIEDA: I'm glad I'm here. I loved Beaverton when we lived there and we knew everyone. Everyone was your friend. Now when I go over to Beaverton, I'm lucky if I meet one familiar person.

TANZER: What do you think of the progress, Vern?

VERN: I knew it had to come sooner or later. It laid there dormant for quite a while. When Tektronix moved in and they began to hire so many people, that's when we decided to move out. Now they're out here (laughter). You can't get away from them.

FRIEDA: Right over here -- six acres under glass.

TANZER: I know. They followed you (laughter). Did your father have land?

FRIEDA: He rented here. He sold his land in Park Rapids, Minnesota. He sold everything he had there to move out to Oregon, but he never bought out here.

TANZER: So you really didn't have any property to dispose of in the Beaverton area?

FRIEDA: No.

TANZER: But do you still strongly identify with Beaverton?

FRIEDA: Very much so. We lived there 24 years. We lived across the street from Al Kemmer, and we're very friendly with them. We had a lot of good neighbors around us while we were there. We enjoyed our life in Beaverton cause we were close to everything. Our children could walk to school; they could walk to the swimming pool. They could walk to the theater. There was no problem with transportation.

TANZER: Which activities are you involved in now?

FRIEDA: Well, we belong to a trailer club; we belong to a dance club; we belong to a card club; we belong to the Grange; we belong to the church.

TANZER: So you are really not in retirement?

FRIEDA: I hope he retires some day. I'm waiting.

VERN: I don't know how we got involved with the college but we took a trip with them, on their tour.

TANZER: Do you take the college tours? Is that part of the P.C.C. trip?

VERN: We just got back from Puerto Valerta.

FRIEDA: It's a very inexpensive way to travel. We took a Mexican plane from Seattle and landed in Puerto Valerta. They took our baggage up to this great big beautiful hotel with the block-long swimming pool. We lived like the upper class for a week, right on the beach. Beautiful. Beautiful.

TANZER: That is part of this college tour group? How large a tour group was it?

VERN: I think there were 48.

FRIEDA: If you are in college and you take this trip for education, you get credit.

VERN: We got a surprise, you know, being senior citizens, we got a refund check before we ever left.

TANZER: How wonderful! Let me just ask you, Frieda, to what extent have you reached the goals that you set for yourself when you were growing up?

FRIEDA: I wanted a family and, not being able to have one, we adopted a girl. So our family is raised, and I think they are wonderful children. This is what I had wanted, a good, loving family. We now have four girls that are very, very lovely, and we have 13 grandchildren, plus married. We have three great grandchildren, so it's quite a good-sized group when we get together. I think this is all I want out of life, to live happily with the man I married. It will be 57 years in November. This is what I want out of life; friends, I love friends, I love people, and we have made a lot of friends around here. I don't want to set the world on fire. I just want to sit back and enjoy what's here.

TANZER: What would you say are the most important events in your life?

FRIEDA: Getting married was one of the big things. I think getting our first daughter -- I think when we got Arlene, that was a thrill, and then raising a family, I think has been my goal.

TANZER: I have a few questions before we end to ask you about Beaverton itself. As you grew up, how did you use the downtown section of Beaverton?

FRIEDA: Well, we used the dance hall every Saturday night when we'd go to the dances. I went with Alfreda. I remember riding up to Huber in a horse and buggy on to a dance with Carl Bentz on an old gravel road.

TANZER: What else did you do for recreation?

FRIEDA: Our big recreation was dances on a Saturday night but we were always to get in by 12:00 on Saturday night. If Alfreda's mother didn't meet us, my mother met us if we weren't home by 12:00. So this was a thing that we usually did -- went straight home from the dance.

When Bev Wooden first came to Beaverton, the first night, he walked me home until my mother met us. Occasionally boys would walk home with us but they knew that either her mother or my mother was there.

TANZER: Where did they meet you?

FRIEDA: On the road, maybe a couple of blocks from home. They were out strolling! (chuckle)

TANZER: What other things did you do for recreation?

FRIEDA: We always went to Christian Endeavor on Sunday nights. This was another activity they had for young people. We made our own picnics because there was not all this activity sponsored by different groups. You made your own entertainment in those days, so we would have a group get together. We often went on a Sunday up to Madsky's because they had a big farm and there were a number of young people our age and we would have a picnic.

TANZER: Where was the Madsky farm?

FRIEDA: Up on Lombard. Madsky's had quite a large farm there and they had children our ages, boys and girls. This was how we entertained ourselves --get together picnics.

TANZER: What about movies?

FRIEDA: Didn't have movies in Beaverton then. You had to go to Portland to a movie.

TANZER: Did you go to Portland?

FRIEDA: Not until I started going with Vern.

TANZER: What were the reasons you weren't allowed to go to Portland?

FRIEDA: Transportation. If Carl Madsky had his car ready and running, sometimes he would take us in, and often he met us. When we were working in town, Carl would meet Lena and me on 4th Street and bring us home. But transportation kept us in Beaverton.

TANZER: When you didn't have a car, how did you get to Portland?

FRIEDA: Red Electric.

TANZER: Tell me about the Red Electric.

FRIEDA: Well, it stopped in Beaverton. It was a passenger car train, and you got on in Beaverton, and as we went across 4th Street in Portland, Alfreda always had a boyfriend that she waved at. Finally, she threw him her name, or he threw his name in to her, and that's how we met one of her boyfriends, was through the window of the Red Electric.

TANZER: Do you remember the crash -- the Red Electric crash?

FRIEDA: Oh, yes. I remember hearing about it. I did not go up there, but it was only through the act of God that Alfreda and I and Katherine Welter were not on the train. We had planned to take that train but Katherine didn't get there in time and so we were still in Beaverton when we heard of the crash. I don't remember the details. But it was a tragedy.

TANZER: You said that you went in to Portland to buy shoes. What kind of shopping did you do in Beaverton?

FRIEDA: Very little. They didn't have very many clothing stores in Beaverton.

TANZER: What shops did you frequent in Beaverton?

FRIEDA: You know, I can't remember any of 'em. I remember Luty Boring being the telephone operator in the store. I remember the saloon -- Rossi's Saloon. But I don't remember many outlets of clothing in Beaverton when I was in school.

TANZER: Where did people get their clothes?

FRIEDA: Mother made them. (Mr. Cady) had a grocery store. I remember the Springer Grocery Store. It's on the corner of Farmington and is that Angel? Violet Springer was in the same grade as I was and we were very friendly. I used to go into the store and into their home and visit with them, and then they had a boy, Delbert, and he was an adopted boy. But I don't remember clothing stores in Beaverton. I only remember grocery stores.

TANZER: Well, if your mother made the clothes, where did they get the fabric?

FRIEDA: Flour sacks (laughter). I don't know. Unless my sister would send them to her. My sister was married and living in Sodaville. She may have sent Mother material.

TANZER: I had heard that there were peddlers who traveled by the train and came around and they carried textiles.

FRIEDA: I don't think they ever stopped at our place. I don't remember them being at our place. Maybe we lived too far in the country.

TANZER: Did your brother and sister continue living in the Beaverton area?

FRIEDA: Just Laura -- she married one of the Emmonses. They lived in Beaverton for quite some time and then Peter was transferred to Eugene and they moved there. Bob and Ruth have lived in Beaverton most of their married life. Archie, my other younger brother, lived with Vern and I for 26 years. He lived with us until we moved out of Beaverton; then he got married. But after 26 years of living with us, guess he couldn't take care of himself. My brother Nat moved down to Willamina; my oldest brother and sister did not move to Beaverton; they stayed in Sodaville and Lebanon. Bob and Archie and I were in Beaverton.

TANZER: It's wonderful interviewing people from Beaverton because they have been given the gift of long life, so I'm going to ask you what your goals are for the future.

FRIEDA: Just to live as long and healthy as I can, enjoy life, travel with my husband, and be happy.

TANZER: One final question: from where do you get your energy and productivity? What is your source?

FRIEDA: I guess it's good nutrition; the will to live and the desire to be healthy, to be well.

TANZER: What kind of nutritional regime are you and your husband on?

FRIEDA: We eat very simple foods; lots of vegetables and lots of venison, because we go hunting.

TANZER: Do you raise your own fruits and vegetables?

FRIEDA: We raise our own vegetables. He loves to garden. Out of his garden, I have canned carrots and beets and beans and corn, and I've made dill pickles out of his little 20x20 garden. That's what we live on, his vegetables from the garden.

TANZER: So that is the source of your energy?

FRIEDA: I think so.

TANZER: Well, thank you. Thank you. It has been a pleasure.

	2				
			**		