

# PAYCHECK NEWS

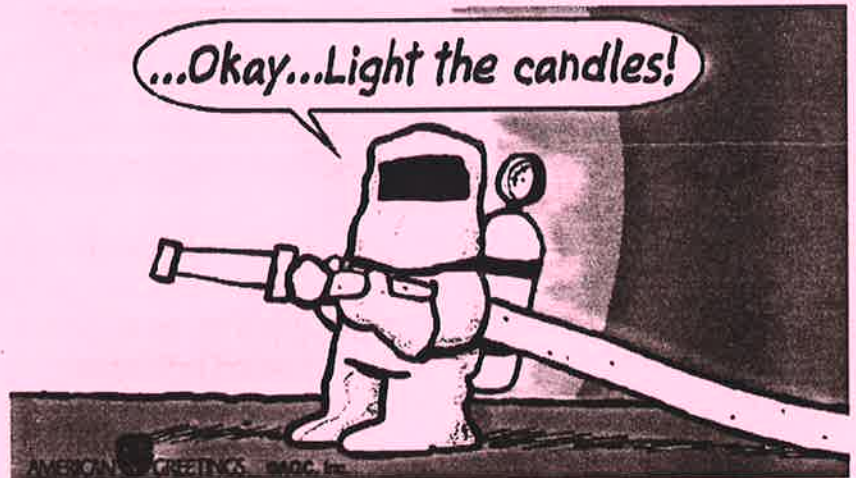
April 20, 2001

Staff is encouraged to use the Paycheck News for communicating events or personal items to employees of CAO.  
Deadlines for submitting announcements is Tuesday noon prior to payday. Contact Carol Hadley at 503-693-3252, or save your item to I:\Common\paycknws. Please note the origin of any reprinted material. All items must be accompanied by the author's name.

## MAY BIRTHDAYS

Submitted by Winnie Albizer

Judy Nagy	May 2
Carol Stewart	May 2
Agustina Perez-Gonzalez	May 3
Bruce Horne	May 8
Dolores McNee	May 9
Corissa Jensen	May 10
Lori Balch	May 11
Jimi Smith	May 21
Judy Clifford	May 21
Dolores Rodriguez	May 21



## WOLFF WALD: BEHIND THE WHEEL GRADUATE!

Via Head Start Weekly Bulletin, April 13, 2001

Wolff Wald, CAO's Transportation Coordinator, has successfully completed the 2001 Behind the Wheel Instructor Training course. Completion of the course qualifies Wolff to train our school bus drivers in behind-the-wheel training. What an accomplishment! Congratulations Wolff!

## DIRECTOR'S COLUMN

—by Jerralynn Ness

April is Volunteer Month! And in the spirit of volunteerism, I wanted to take a moment to thank all staff who make the time to volunteer in their communities. I know many of you volunteer at your child's school, your church or with an organization you care about. You are among the minority who is contributing your most valuable assets: your time, your talents and your expertise, to make your community a better place. Only 30% of Oregonians volunteer four or more hours a month. And we all know how precious our time is.....it's not easy to give it away!

I also want to thank staff who have "volunteered" on the job by stepping outside of their normal job duties to help make CAO a stronger organization and a good place to work. This includes staff that serves on CAO committees, such as Wellness or Safety. And staff who bring training or education sessions to the rest of us. And staff who contribute to Paycheck News, or who attend CAO events, such as Head Start graduations, CAO's Community Spirit dinner, our Shelter's birthday party, to name a few. These extra efforts build camaraderie and allow CAO to build a culture that reflects the interests and values of our employees. Every one of our employees has unique gifts.....I encourage all of you to share them with us!

## OPEN ENROLLMENT TIME

*Submitted by Winnie Althizer*

Each year during June, CAO negotiates health, dental, & vision insurance coverage and premium rates. During this period employees may change from one plan to another, add dependent coverage, or enroll in the plan for the first time if they have had other coverage. This year we are going to process open enrollment a bit differently. Because we think it's important for you to understand your coverage options and the costs that go with those choices, we will be presenting information at the Wellness Day event. Representatives from our insurers will be present to tell you the features & benefits of each plan, and answer your specific questions so that you can make the best choice of coverage for yourself and your family.

This month we were notified that our premium rates would increase for the 2001/2002 fiscal year, and the combined rate increases for Kaiser and Providence Good Health would amount to 20.5%. Of course, this was not acceptable and we asked other health plans to give us a quote. We talked to Regence BlueCross Blue Shield, Health Net, Life Wise, ODS, PacificSource, Pacific Care and looked at an alternative Kaiser plan. Several other companies were contacted, but they would not quote for a group less than 500 employees. The result is that after July 1, 2001 we will no longer offer the Providence Good Health plan, and, instead will offer the Pacific Care plan.

By moving to Pacific Care we will be able to limit the rate increase to 8.9% (combined), and if you have been reading the newspaper articles on health care you will know that this is very good. Another reason for choosing Pacific Care was their ability to provide most of the same doctors as Providence, enabling most of you to keep your same doctor. Pacific Care also offers access to Chiropractors, Massage Therapists, Acupuncturists, discounts with Weight Watchers, Fitness Accessories, Health Clubs, Gymboree Play & Music Programs and much more.



## METRO CCR&R NEWS: DID YOU KNOW.....

*Submitted by Lupe Jungwirth*

The R&R line served 748 families this last quarter seeking care for 1,121 children.

## EMPLOYMENT OPPORTUNITIES

*Submitted by Winnie Althizer*

**See this info at:** Common CAO Main/CAO Info/HR Resource/Current Job Desc.

<u>POSITION</u>	<u>DEPT</u>	<u>SALARY</u>	<u>CLOSING DATE</u>
Community Resource Advocate	Fam/Comm Resources Hillsboro	\$8.93-\$11.90/hr.	Until filled
Family Advocate (2 positions)	Head Start Full Day/Full Year	\$10.35-\$12.95/hr.	04/30/2001
Family Advocate Child Dev.	1/3 Gaston; 2/3 Hillsboro	\$10.35-\$12.95/hr.	Until Filled
Office Specialist	Finance & Administration	\$9.58-\$12.78/hr.	Int. 04/16/2001
Shelter Resident Assistant	Family & Comm. Resources	\$6.83-\$8.54/hr.	Ongoing
Teacher I (Aide or Assistant)	Head Start		Ongoing
Teacher II (Lead)	Head Start Tigard	\$10.35-\$12.95/hr.	Until Filled

## WITH 7 DAYS TO GO, THIS IS THE FINAL COUNTDOWN TO WELLNESS DAY!

*Submitted by Anne Schlereth and Beth Dasber*

Here are a few things to remember:

- Wellness Day is Friday, April 27, 2001; area meetings begin at 8:30 am (promptly), and registration from 10:00-11:30 am (*late-comers will need to register during lunch*). **Please note there has been a change in the day's schedule. The new schedule is listed below.**
- If you don't have a ride to Wellness Day, be sure to arrange a carpool.
- Lunch will again be a BBQ/Potluck. If you are so inclined, bring a food dish to share, and any serving dishes or utensils that accommodate your item (and be sure to mark dishes and utensils with your name).
- Secret Pals should bring a last gesture for their pal, ready to reveal on Wellness Day.
- When you arrive be sure to enter through the door on the East side of the building, (follow the Bright Yellow Stars to the door).
- Finally, everyone is expected to be at Wellness Day and area meetings; otherwise, special circumstances should be arranged with supervisors before April 27.

### Updated Schedule of Events

8:30 - 10:00 .....	Building available for area meetings
10:00 - 10:30 .....	Check-in, Registration, Finalization of Sign ups
10:30 - 11:20 .....	Introductions and Benefits Presentation
11:20 - 12:00 .....	Reveal Secret Pals
11:20 - 12:45 .....	Lunch
12:45 - 1:30 .....	Storyteller
1:30 - 1:40 .....	Break
1:40 - 2:30 .....	Break out Sessions #1
2:30 - 2:40 .....	Break
2:40 - 3:30 .....	Break out Sessions #2
3:20 - 4:30 .....	Awards, final door prizes, and conclusion

Thanks, and see you then!