

Family Support Programs



Opening Doors

Prenatal Outreach

Opening Doors is a free and voluntary prenatal outreach program that connects low-income pregnant women with services that help them have healthy babies. Our goal is to assist women with prenatal care early in their pregnancy to avoid emergency room visits, and better ensure a safe birth and healthy baby.

Our staff provides advocacy and education as well as reassuring support during pregnancy and for an additional 2 months following the birth.



How Opening Doors can Help

We can...

- expedite your enrollment in the Oregon Health Plan
- connect you with a Prenatal Care Provider
- assist in communications with your Prenatal Care Provider
- prepare you for childbirth and motherhood
- provide referrals to WIC and other needed services

Opening Doors is the Oregon MothersCare site for Washington County. We assist women to obtain prenatal services early in their pregnancy by assisting with expedited Oregon Health Plan applications, including CAWEM. We can also help women locate a prenatal care provider and make their first appointment.

Healthy Families

Parenting Support

Healthy Families of Washington County works with all first time parents providing information, resources and support.

The **Basic Service** option includes:

- referrals to community resources
- information on child development



For families who qualify for **Intensive Services**, a Home Visitor will ...

- provide support in the home
- bring resources and information on child development
- demonstrate fun and educational parent-child activities
- assist parents in setting and achieving personal goals, and more...



Family Advocacy

Case Management

Community Action provides **Family Advocacy** and **Case Management** services for individuals, and families with children living in Washington County, who are experiencing homelessness or are at risk of losing their housing, and have received a notice of termination from their housing provider. Family Advocates help families...

- define goals
- identify resources
- address barriers to stable housing

Clients create an action plan and take steps toward their goals.



Opening Doors

Information & Intake

503.517.3198

openingdoors@caowash.org

Healthy Families

Information & Intake

503.517.5798

healthyfamilies@caowash.org

9340 SW Barnes Road, Suite 100A
Portland, OR 97225

Family Advocacy

503.640.3263

Opening Doors Partners

Community Action partners with local health providers and health plans to ensure that women are connected with the support they need for a healthy birth. These partners include:

Kaiser Permanente

Legacy Health Systems

Oregon MothersCare

Providence Health & Services

Tuality Health Alliance

Tuality Healthcare

United Way of the Columbia-Willamette

Washington County Health & Human Services

Our Vision

Washington County's residents are strong, resilient, involved in the community, and live with dignity and security.

Our Mission

Community Action leads the way to eliminate conditions of poverty and create opportunities for people and communities to thrive.

Community Action

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Hillsboro, OR 97123
503.648.6646

www.caowash.org

Community Action does not discriminate on the basis of race, sex, creed national origin, marital status, age, sexual orientation, or disability. All Community Action sites are accessible to people with disabilities. Please contact us if you require special accommodations

