



Community IN ACTION

Newsletter April 16, 2007

Deadline is the second Friday of the month; Contacts for articles are: Child Dev. - Farzana Siddiqui, F&CR - Serena Villafaña, Morale & Wellness -Phyllis Johnpoll,. Development – Scott Schlegel, All others – Nancy Peters. Editor: Winnie Althizer

DIRECTOR'S CORNER



Jerralynn Ness
Executive Director

The Community Action Directors of Oregon (CADO) have created a statewide initiative called "Oregon Thrives: Creating Opportunities for all Oregonians to Prosper". Six organizations have joined together as founding members to create a steering committee. Along with CADO, they include the Oregon Food Bank, Ecumenical Ministries of Oregon, Oregon Hunger Relief Task Force, Neighborhood Partnership Fund and Oregon Housing and Community Services. I serve on this committee representing CADO. Our purpose statement is: "Together, Oregon Thrives members work for healthy communities, where individuals and families have the opportunity to earn living wages, have access to health and child care services, quality education, adequate nutrition and stable housing." We have retained the services of CADO's lobbying firm to provide organization and facilitation support. Our focus right now is

Continued next column

Director's Corner, Cont.

on the Oregon Legislature. Oregon Thrives has identified ten bills the Oregon Legislature can pass to help Oregon Thrive. This initiative is inspiring our member organizations to move beyond our self-interests to join together for a more powerful, united voice on addressing issues of poverty and economic security in Oregon. Oregon Thrives has created a "stamp of approval" for the top ten bills. This will help legislators to see the collaboration and connecti-vity between the individual pieces of legislation, whether it's Head Start, housing, home-lessness, hunger, earned income tax credits, pay day loan caps and so on. We will create a report card on how well the 2007 Legislature did in contributing to a thriving Oregon.

NEWS OF NOTE

Expect the Unexpected

Wellness Day is Friday, May 4th. Be sure to have your registration forms completed and turned in to get the sessions you want.

We are asking everyone attending to bring in just a small amount of fruit, bagels or doughnuts to start our morning.

Your Wellness Committee has a full day planned for you and is excited about this upcoming event. We look forward to seeing everyone there.

Don't forget your gift baskets. We still need to hear from several groups.

COMINGS & GOINGS

Welcome to the following:

- Sulayla Rowe, T-II Sub
- Renae Baffo, Office Spec II - Admin
- Leanna Woodall, P A, Dev.
- Milagros Cortes-Ruiz, CCR&R Spec.

Sadly we say goodbye to:

- Shashone Beaulieu
- Marilyn Harrison
- Suzi Southworth
- Samira Lizama



UPCOMING EVENTS!

- Celebration of Community Spirit dinner 5-02
- Wellness Day 5-04
- Safety Meeting 5-07
- Building Meeting 5-15
- Head Start
 - Policy Council 5-15
 - Board Meeting 5-17
 - Memorial Day 5-28

May 2007 BIRTHDAYS



Judy Nagy	
Marlene Rodriguez	
Angelica Molina-Alvarez	
Bruce Horne	8
Carmen T-Miranda	8
Dolores McNee	9
Corrie Jensen	10
Veronica Rodriguez	10
Esther Arana	11
Lori Balch	11
Bonnie Herrera	14
Juana Meraz	14
Dolores Rodriguez	14
Jimi Smith	21
Karla Trujillo	21
Daniel Bridget	22
Jan Ostby	22

Birthdays Cont.

Susana Salgado	22
Alicia Perez	24
Claudia Umazor	28
Ellery Castro	29
Lorena Jimenez	30

May 2007 ANNIVERSARIES



	Years
Augusta Lang	11
Heather Roberts	10
Rosa Diggs	8
Natalie Horne	5
Joy Larson	3
Heather Ross	2
Stefanie Huff	2
Ana Hernandez-Franco	1

MORALE & WELLNESS

MAY IS:

- Better Hearing and Speech Month
- Mental Health Awareness Month
- Military Appreciation Month
- Mental Health Awareness Month
- Military Appreciation Month

May 5 is Cinco de Mayo, a national holiday in Mexico which is also widely celebrated in the United States. It commemorates the victory of Mexican forces led by General Ignacio Zaragoza over the French occupational forces in the Battle of Puebla on May 5, 1862.

May 6 is World Laughter Day 2007

May 8 is National Teacher

Memorial Day is observed this year on May 28. <http://usmemorialday.org/> for more information. In addition, there is the **National Moment of Remembrance** - 3PM on Memorial Day to pause and think upon the true meaning of the day, and for Taps to be played.



Central Mexican Mushroom Soup

- 1 lb fresh white mushrooms, chopped
- 1 medium sweet onion, minced
- 1/2 c chopped green chilies (mild)/seeded
- 2-3 cloves garlic, minced
- 1 tsp cumin (ground)
- 1-2 tsp ground white pepper
- 2 c (chicken or beef) broth or stock
- 1/2 c fat free half and half
- 1 c water or more if needed

Sauté mushrooms, onion, garlic, and chilies on medium heat until tender, but not browned. Add stock and water one cup at a time heating thoroughly just to the edge of a boil with each addition. Reduce heat, simmer for 15 minutes, covered, then another 15 minutes uncovered. Remove from heat and cool enough to allow you to pour two cups at a time into your blender. Blend on medium, pulsing, until soup is mostly smooth in consistency. Add the cornstarch to the last 2 cups of soup in the blender, blending well. Gently bring soup back to simmer, adding half and half. Do

HR - Ask Winnie



Dental News: MetLife has announced that they will no longer be using your entire social security number on invoices or direct communications with you. Instead they will use only the last 4 digits of your social security number. This is another method to protect you from identity theft.

WHAT'S DEVELOPING?

April is National Volunteer Appreciation month. If you have a volunteer in your department, please make sure they know how much we appreciate them and the work they do to help the people we serve.

Community Action's Celebration of Community Spirit dinner will be held May 2 at the Oregon Zoo ballroom. This year, we will recognize Kaiser Permanente, Bill and Sharon Beran of Beran Vineyards, and the Women's Healthcare Associates Tualatin clinic, for their philanthropy and community involvement.

You can recycle your used ink jet cartridges or cell phones right here at Community Action. Just put them in the kiosk at the front desk. Proceeds benefit Community Action and keep toxic metals out of landfills.

LOOKIN' FER WORK ...

...IN ALL THE RIGHT PLACES

Job Openings may be viewed at
Common/Agency Info/HR Resources/Job Postings

*NOTE: Please check this address weekly for current information and details. We have many jobs in development that will be posted before the next publication and we will take applications as each job is posted.

FAMILY & COMMUNITY RESOURCES



Child Care Resource & Referral:

Child Care Resource & Referral would like to remind all staff that if you need help finding child care for your school-aged children for this coming summer to begin looking early. We can help identify sites and do referrals for you. Please call us at 971-223-6100 or email us at ccrr@caowash.org.

Mark your calendars!

On Saturday May 12th, 9:00 a.m.- 1:00 p.m. at Pacific University in Forest Grove will have their annual Children's Fair. It always makes for a fun time with your children.

Opening Doors:

HEALTHY MOTHERS AND BABIES: A COMMUNITY CONCERN

As part of the services Opening Doors provides to pregnant women in Washington County, we participate in Oregon MothersCare, a statewide network to assist women into early prenatal care by reducing barriers to obtaining care.

Many women do not obtain early prenatal care because:

- They do not have healthcare coverage or cannot afford care.
- They do not know what services are available to them.
- They find "the system" for accessing care overwhelming and confusing.
- They have language difficulties and lack of family or partner support.

Opening Doors partners with clinics to assist women to schedule appointments, help with financial arrangements and provide information and referral as needed.

Last year we provided 357 women with prenatal access services and the first half of this year we have assisted 256 women and expect to exceed our previous total.

Weatherization:

The Weatherization Program is pleased to announce that Dolores Rodriguez, Brent Wilson, and Andrew Zaleski all received their Energy Analyst Certifications. Brent and Andrew also received the Diagnostic Tech Certification. Great job!