



Paycheck News

October 04, 2002

Deadline is the Friday before pay day; Contacts for articles are: Child Dev. -Farzana Siddiqui, F&CR – Beth Dasher, All others – Winnie Althizer. Roving Reporter: Joani Hagen. Production: Christina Taft. Editor: Winnie Althizer Layout: Natalie

DIRECTOR'S CORNER



Our board of directors came back together in September after a "summer break". We talked about last year's accomplishments and what's ahead for Community Action. Between 1990 and 2000 the number of Washington County residents living below 150% of poverty grew nearly 43%, from 38,113 to 60,877 people, growing faster than the overall county population. Most of our services have grown as well, but never enough to keep pace with the need. Head Start increased from 197 to 556 kids, Energy Assistance from 2382 to 7674 households, Child Care from 39 to 155 kids and Emergency Assistance from 3100 to 7440 households, to highlight some of our growth. Overall, Community Action is experiencing a period of stability and focused, sustainable growth in spite of the general economy. We have eliminated all program deficits and created surpluses in many areas. We increased our capacity to provide greater support to programs in the areas of human resources, finance, technology, facilities and grants management. As a result, staff have been able to focus more on quality program operations and services to family and children in need. I am proud of what you have all accomplished and hope you are too.

NEWS OF NOTE

October 25th is the date for our annual ALL STAFF meeting. We are finalizing the details next week and we have some terrific presenters. Mark the date on your calendar – all staff are required to attend.

This issue of Paycheck news is brief due to a backlog of work in many depts. We'll have more next time.



UPCOMING EVENTS!

Safety Meeting	10/7
Building Meeting	10/15
Head Start Policy	10/15
Board Meeting	10/17
ALL STAFF DAY	10/25

CA STAR



Byline Joani Hagen

Twenty-five years ago this month, in 1977, Sharon Bolmeier came to our organization as a cook at the Sunset Head Start center on Cornell Road. Her experience included cooking for a couple taverns and packing tea Stash Tea company. Cooking was her passion and when she read the ad for a Head Start cook she thought, "This looks like a fun thing to do!"

There were approximately 60 enrolled children when Sharon began her Head Start career. It was a fit from the very beginning. During a federal review in her second year of employment, she cooked a steelhead salmon and needless to say, the reviewer was impressed! From cook she moved to health coordinator, social services/parent involvement coordinator, support services manager, and currently is Project Manager.

"I love my job. It allows me to use my Head Start experience to build new community partnerships and work with new staff." This year one of her major projects has been the development of the Early Head Start program at the Coffee Creek Correctional Facility.

If Sharon is not shopping at the mall, she could be knitting, a skill she has been perfecting since she was four years old. She could also be helping her husband of 33 years. He suffered a stroke this year and she has been his major support in recovery.

Sharon was born in a small coastal town in Hawaii. She lived a block away from the beach and in her words, "... was one of the original surfer girls."

FAMILY & COMMUNITY RESOURCES

The Weatherization Program has added a new energy saving measure to our services. We test refrigerators to find out how much electricity they use and if they are big energy users, replace them with very efficient Energy Star models. In many cases these new refrigerators use one third of the energy as the old units and can create big savings.

Introducing

We are very happy to introduce to you Cyndi von Ofenhiem! Cyndi has accepted the Metro Child Care Resource & Referral Coordinator position here at Community Action. Cyndi comes to us with a wealth of childhood care & education qualifications. She has over 20 years of experience including; Montessori teacher, Owner/Manager of her own child care center, teacher trainer – OCCET approved, & Head Start Education Specialist. Cyndi will be a great addition to the CCR&R team! On a personal note, Cyndi has a 20 year old son. She enjoys traveling, dancing, walking, and is currently taking voice lessons! When you meet her ask her to sing you a song or two!

We also want to take this time to thank Karen Henkemeyer for filling in as interim CCR&R Coordinator during this transition. Karen has done an excellent job keeping the program running smoothly, supporting the “Team Members”, setting up fall workshops, and pulling together the fall edition of “Resource News”. On a personal note, Karen, David and Gabe moved from Portland to Forest Grove during this time! Thank You Karen for a job well done!

MORALE & WELLNESS

Topics

The first batch of Secret Pals have been distributed. If you wanted to be involved with Secret Pals, but missed the deadline, you can still be a Secret Pal! Get a form from Elaine or Beth, and turn it back in ASAP. It's great fun to encourage someone else, and of course, fun to get things too. Questions? Call Elaine @ x271 or Beth @ x 291.

Tips News Brief:

Tea May Reduce Risk of Cancer, Heart Disease

WASHINGTON (Reuters) - Solid evidence is mounting that drinking tea can prevent cell damage that leads to cancer, heart disease and perhaps other ills, scientists said on Tuesday.

For all you tea drinkers, this will be great news.

For those of you who haven't acquired the taste for it, it might be worth considering!

Last Minute Chili

Ingredients:

1 pk	Chili mix
	Chopped green and red peppers
2 lb	Ground beef
2 1/3 c	Cold water
1	8 oz can tomato sauce
	Sour cream
	Shredded mild cheddar cheese

Instructions:

Prepare chili as directed on package using ground beef, water and tomato sauce. To serve, spoon into individual serving bowls and top with sour cream, cheese and peppers.

WHAT'S DEVELOPING?

Who won this year's wine raffle?

This year's grand prize raffle winner was Gunawan Murhadi, who happens to be Judy Schilling's husband. Provided that Murhadi shares, the two will be enjoying six cases of premium wine courtesy of the Wineries of Washington County. Additional winners will receive one case of wine. These winners include: Janet Young of Portland, Nancy Kraft of Vancouver, and Sheryl O'Neil-Nobles of Hillsboro.

The Winery Association has sponsored the raffle for 7 years to help raise money for Community Action. Over 90,000 dollars has been raised since the first raffle drawing was held in 1995. This year, the raffle raised over \$6000 for our various programs.

Intel Corporation has donated \$78,000 dollars to Community Action through their annual United Way giving campaign! Intel named Community Action their focus charity for this year's campaign and have spent all of September highlighting what we do for low-income individuals in the community. Thanks Intel!

Monthly Reports and Volunteer Hours

Remember to turn your volunteer forms in along with your monthly reports to Jodi Davis (ext. 254) every month. Head Start teachers need to send all your reports to Linda Rothschild (ext. 234).

LOOKIN' FER WORK ...

... IN ALL THE RIGHT PLACES

See this info * at: Common CAO Main/CAO Info/HR Resources/Current Job Descriptions.

Administration

IS Coord	\$14.89 - \$18.08
Office Specialist (1 pos)	\$10.41 - \$12.64
HR Assistant	\$12.17 - \$14.78

Child Development

Teacher I	\$ 8.00 - \$ 9.20
Teacher II	\$ 8.79 - \$10.67
Teacher II Subs (4 pos)	\$ 8.79 - \$10.67
Teacher III A (4 pos)	\$10.55 - \$12.81
Summer Plus Teacher II 30%FTE	

... ..Internal to CAO staff only

Development Advancement

Family & Community Resources

Family Support Worker in O.D.	\$11.21 - \$13.26
Family Adv. SAFAH at Shelter	\$11.21 - \$13.62
Early childhood Specialist (full time)	\$11.61 - \$14.09

**NOTE: Please check this address weekly for current information and details. We have many jobs in development that will be posted before the next publication and we will take applications as each job is posted.*

Q&A
Q&A

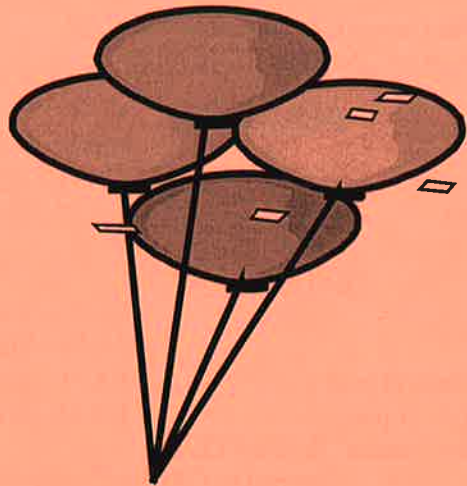
HR - Ask Winnie

Benefits, Diversity...

Open Enrollment is past and I wanted to say thank you to all that helped me and to those who attended the meetings. Open Enrollment meetings are important to all of us since they provide us the information we need to make decisions about our health coverage. I'm still trying to finish the set up for our new program - "Personal Choice Account" which is a way that we can pay the insurance premium with pre-tax dollars and see some savings in the process. I'm still waiting for about 30 of you who are eligible to complete your forms & return them to me so I can finish the process. A list of those folks has been sent to Directors & PAC's. If you've sent it in, you don't have to do it again - just the folks on the list.

Kaiser: I'm putting a memo into the paychecks of those people who have selected Kaiser for either medical and/or dental coverage. It explains some things you can do to when told by Kaiser that you are not in the system. Kaiser is working from their end too --with both of us working at it we can get it solved.

SEND your questions to me & I'll answer them in this space.



October BIRTHDAYS

Ann Hering	10/03
Cindy von Ofenheim	10/07
Jackie Magill	10/13
Jay Lushina	10/14
Dave Lindell	10/19
Val Laws	10/19
Donna Bennington	10/23
Joy White	10/23
Shireen Spencer	10/23
Farzana Siddiqui	10/26
Iris Smith	10/26
Marlene Dougherty	10/27
Arlene Olson-Kimberling	10/27
Terry Andersen	10/29
Jewell Taylor	10/30
Tracy Robisom	10/31

ANNIVERSARIES

Elizabeth Garcia-Gusman	1 yr.	10/15
Linda Blackwood	5 yrs	10/17
Bonnie Ennis	1 yr.	10/19
Esther Arana	4 yrs	10/19
Manuela Pacheco	4 yrs	10/19
Margarita Hernandez	1 yr.	10/19
Dave Lindell	16 yrs	10/20
Judy Harris	9 yrs	10/21
Serena Villafana	3 yrs	10/22
Celia Elizarraraz-de Gueva	1 yr.	10/23
Christina Brown	1 yr.	10/23
Norma Stewart	1 yr.	10/23
Val Laws	14 yrs	10/24
Pamela White	1 yr.	10/26
Clara Villanueva	4 yrs	10/27
Vanessa Gianukakis	2 yrs	10/30
Mary Echegaray	1 yr.	10/31

Bonus Recipe:

Goblin Bars

- 1 package brownie mix, (1 lb. 3 oz)
- 1 package DOVE PROMISES (Milk or Dark Chocolate)
- 1 package M&M's milk chocolate candies for Halloween
- 1 package Snickers fun size bars
- ◆ Prepare brownie mix according to manufacturer's instructions for a 8x8 inch pan Bake & let cool slightly
- ◆ Place the DOVE Promises in a mixing bowl & place the mixing bowl over a pot of simmering water.
- ◆ Stir the mixture as it melts. When mixture is shiny & smooth, turn off the heat.
- ◆ Pour half of the melted DOVE Promises over the top of the brownies & set aside the remaining melted Promises.
- ◆ Sprinkle with ¾ cup chopped Snickers Bars & 1 cup M&M's candy
- ◆ Drizzle remaining DOVE Promises on top.
- ◆ Let cool completely prior to serving.

Happy Halloween !!!!!!!