



Head Start Bulletin

June 1, 2010

In partnership with the community, Community Action assists low-income people to achieve self-determination.

1. **A letter from the Child Development Director**

Dear Head Start Staff, as we approach the end of the school year for Part-Day, Pre-K programs, we acknowledge that this year several of our programs will remain in session during the summer months. These programs include the 24 children in ARRA Early Head Start expansion slots, the 7 children in Oregon Department of Education Early Head Start expansion slots, and the 152 children in our existing Full-Year programs. During the summer, our Policy Council representatives for these programs will continue to meet once a month with the Executive Committee to support the Policy Council functions. We were able to expand our programs on such short timelines this year because we have strong systems and resources and a committed staff team that made it all happen. I want to thank all our classroom teachers, program assistants, transportation staff, supervisors, consultants, management team, and other staff for all their hard work, collaboration, and cooperation to make this a successful year. I wish our Part-Day, Pre-K staff a safe and peaceful summer and a successful year-end to our Full-Year program staff. Thank you all for everything you do to make this a quality program! —Farzana

2. Gail Boyle, Family Services Coordinator, will be out of the office from June 1 – August 1, 2010, but may be reached by e-mail. Azanet Cabezas will continue to support the program in Gail's absence by providing new staff training on CA&N, Family Contact Record, Individual Parent Partnership Goals, Weekly Family Updates, and Parent Center Meetings/Policy Council. She will contact you directly about attending each center's Weekly Family Update meeting and will be available for consultations with staff and PASs. You can reach Azanet at azanetcabezas@gmail.com or you can contact her through Dolores McNee.

EHS and Full-Day, Full-Year programs: Please remember that your Policy Council Representatives are invited to meet monthly with the Executive Committee throughout the summer. The next meeting will be at CAO on June 15th from 5:30 p.m. to 6:30p.m. Dinner will be provided, but not transportation or childcare services. Subsidies will be available as always.

3. Congratulations to Part-Day Pre-K teachers for completing a successful school year. Your dedication to the children and their families is appreciated. Call back letters will be sent out in mid-July. Enjoy your break!

4. Staff planning to attend PCC summer term classes must turn in all required paperwork to Lori Balch by Friday, June 11th. The following documents are required:
Completed Education Request form signed and dated by your PAS
Copy of your My Account Balance
Copy of your grade printout for spring term
Please contact Lori Balch with questions at lbalch@caowash.org

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5. The Parent Nutrition Survey for 09-10 results have been compiled. The results are included in this newsletter. We received 423 responses to the survey. Thanks to staff for distributing, collecting, and forwarding the completed surveys to the Main Office. Enjoy your summer! Val Laws, CACFP Coordinator

Survey Questions	Part-Day Surveys	%	CDC Surveys	%	Coffee Creek Surveys	%	Home Base Surveys	
Number of Surveys Returned	332		82		6		3	
How do Head Start meals compare to meals at home?								
Foods are very similar	100	30%	27	33%	0	0%	0	0%
Foods are somewhat the same	175	53%	41	50%	5	83%	3	100%
Foods are very different	59	18%	14	17%	1	17%	0	0%
Have you attended a Head Start meal to eat with you child?								
Yes	214	64%	57	70%	6	100%	3	100%
No	117	35%	25	30%	0	0%	0	0%
Do you refer to the printed menu that Head Start sends home?								
Always	141	42%	34	41%	0	0%	1	33%
Some of the time	167	50%	41	50%	3	50%	1	33%
Never	16	5%	7	9%	2	33%	1	33%
What do you like about the meals or meal service provided by Head Start?								
Family Style Meal Service	95	29%	33	40%	5	83%	3	100%
Variety of foods	152	46%	45	55%	4	67%	2	67%
Nutritious	155	47%	45	55%	2	33%	2	67%
Other	9	3%	1	1%	0	0%	1	33%
My child's favorite food at Head Start is:								
Macaroni & Cheese	121	36%	24	29%	0	0%	0	0%
Pizza	167	50%	34	41%	0	0%	0	0%
Chicken	130	39%	34	41%	2	33%	0	0%
Green Beans	26	8%	10	12%	0	0%	0	0%
Oranges	128	39%	29	35%	1	17%	0	0%
Other	54	16%	24	29%	3	50%	3	100%

Nutrition questionnaire continued:

My child's least favorite food at Head Start is:

Hamburgers	70	21%	11	13%	1	17%	0	0%
Eggs	80	24%	13	16%	0	0%	0	0%
Carrots	79	24%	12	15%	0	0%	0	0%
Kiwi	55	17%	6	7%	0	0%	0	0%
None	76	23%	23	28%	5	83%	0	0%
Other	55	17%	22	27%	0	0%	3	100%

Have you noticed any changes in the way your child eats at home since beginning to attend Head Start?

Willing to try more foods	171	52%	45	55%	2	33%	1	33%
Better table manners	98	30%	36	44%	1	17%	0	0%
None	63	19%	14	17%	2	33%	1	33%
Other	22	7%	9	11%	1	17%	1	33%

How would you rate the overall quality of meals served at Head Start?

Excellent	196	59%	57	70%	6	100%	2	67%
Average	130	39%	20	24%	0	0%	1	33%
Poor	3	1%	4	5%	0	0%	0	0%



Head Start Scheduled Trainings

DATE	DESCRIPTION	ADDRESS	TIME	EHS or HS	COMMENTS
6/4	1st Aid / CPR	CA Main Bldg 1001 SW Baseline St Hillsboro	12:30-4:00	Anyone with a certificate expiring prior to October 1st	Please contact Elaine to register
6/23	Nutrition--Feeding Infants and Toddlers	Beaverton Office- 12350 SW 5th Ave Beaverton	9:30-11:30am OR 1:30-3:30pm	EHS teachers (full day centers, coffee creek, home-base)	